



## About Two Wishes Child Care

Jennifer Rothmeyer is sole proprietor of this family child care program doing business under the assumed name of Two Wishes Child Care with an EIN of 27-0385001. This program is licensed at a C1 level with license # \_\_\_\_\_ at 31 Lincoln Lane, Northfield, MN 55057. The license expires \_\_\_\_\_. Jennifer can be reached via telephone at (507) 301-3351.

### Caregiver Qualifications

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Clients may ask to see training and education records of caregivers at any time.

### Why Two Wishes Child Care?

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Please see the blog post on the Two Wishes Child Care website:  
<http://twowisheschildcare.com/about-the-program/why-two-wishes/>

### Philosophy

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Two Wishes Child Care is committed to providing safe, educational, and loving care to all children and families with whom the program interacts. This program is based upon fostering independence while simultaneously leading individuals to operate within patient, kind, and respectful limits. This philosophy helps to mold resilient, courageous, self-disciplined children for their future success.

Experiences within Two Wishes Child Care include teacher-led discussions and small-group activities as well as child-led exploration, activities, and play. This combination of both types of experience leads to the most effective and supportive environment for emotional growth and educational growth.

### Values

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I believe in:

- nurturing a child's social and emotional development, intellectual growth, and physical health (see more below)
- setting stage-appropriate limits while recognizing individual freedom within those limits
- intentionally adapting the child's physical environment to support growth and education – including sensory education!
- involving children in day-to-day work and play
- facilitating both indoor and outdoor play
- supporting consistency between home and care through listening and creating mutual understanding with families



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- accommodating a child's needs and a family's needs by seeing them as individuals
  - this includes accommodating special dietary, neurological, or physical needs whenever possible
- being responsive and flexible throughout care
- being proactive to reduce the need to be reactive

### Social and Emotional Development

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I believe in nurturing a child's social and emotional development by:

- honoring the child's stage of development
- validating and respecting a child's feelings and individuality by listening as he or she expresses thoughts and needs, then assisting with regulation of those emotions
- providing honest, warm affection to create a secure and stable bond
  - this includes honoring and respecting a child's right to refuse affection
- modeling problem-solving, coping, patience, respect, responsibility, compassion, accountability, work ethic, empathy, and mindfulness
- fostering independence, resiliency, autonomy, confidence, delayed gratification, and self-reliance
- recognizing positive behaviors and simultaneously using positive discipline in a fair, consistent, educational, and purposeful manner
- responding promptly to a child's needs to encourage trust formation
- being consistent and using routines and rituals to satisfy a child's need for order
- giving my attention freely
- allowing for imperfection
- assisting the development of strong friendships by encouraging discussion and relationships between children
- viewing challenging behaviors objectively

### Intellectual Growth

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I believe in nurturing a child's intellectual growth by:

- encouraging and answering questions; supporting a healthy curiosity
- meeting physical and emotional needs consistently and promptly so that intellectual development can occur
- providing stage-appropriate scaffolding in both child-led and caregiver-led learning opportunities
- planning daily stage-appropriate educational activities across a spectrum of subjects to support pre-skill activities such as language development, pre-reading and pre-writing skills, and laying the foundation for future STEM skills; activities include
  - hands-on Science, Technology, Engineering, and Mathematics demonstrations, experiments, and projects



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- reading quality classical literature and living books
- supporting art and music enrichment
- exploring history and social studies
- practicing social skills
- encouraging nature study and exploration
- allowing time for free play, creative play, imaginative play, exploration, and discovery
- creating and following rhythms that allow for balancing intellectual pursuits, self-reflection and exploration, and physical pursuits
- recognizing and encouraging individual interests and allowing flexibility for pursuing those interests
- emphasizing sensory play across the seven senses (touch, movement, smell, taste, sight, hearing, balance)
- keeping learning fun through humor and silliness
- respecting and accepting diverse backgrounds, cultures, religions, opinions, and experiences
- encouraging repetitive exposure, participation, and practice
- reading, reading, reading, reading
- celebrating serious accomplishments and giving words of encouragement during the learning process
- assisting in the development of concentration and persistence and the ability to follow instructions

### Physical Health

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I believe in nurturing a child's physical health by:

- creating a safe and sanitary environment
- cooking nutritious and balanced food with a focus on finding local or organic sources when possible – supporting the rainbow!
- providing adaptive equipment for the development of fine and gross motor skills and stimulating the tactile, balance, and movement senses
- encouraging and focusing on movement throughout the day; honoring a child's needs to move